









**5<sup>th</sup> International Congress** 

# Hidden Hunger

Improving food and nutrition security through school feeding

September 4-6, 2023 I Stuttgart, Germany



#### DAY 1 - MONDAY, SEPTEMBER 4, 2023 - PROGRAM

DAY I = I	Venue: University of Hohenheim		
WELCOME AND	OPENING		
Chair: Ulrike Ar	ens-Azevedo (Hamburg University of Applied Sciences, Germany) Room: Audimax		
11:30-11:50 am	ntroduction speech by Ulrike Arens-Azevedo (Hamburg University of Applied Sciences, Germany) and Hans K. Biesalski (University of Hohenheim, Germany)		
11:50-12:00 pm	Opening speech by Stephan Dabbert (President, University of Hohenheim)		
12:00-12:10 pm	Welcome speech from Anke Oppermann (Director, Directorate 12, Federal Ministry for Economic Cooperation and Development (BMZ))		
12:10-12:20 pm	Welcome speech from Margareta Büning-Fesel (President, Federal Office of Agriculture and Food (BLE))		
OPENING SESS	SION		
Chair: Hans K. I	Biesalski (University of Hohenheim, Germany) Room: Audimax		
12:20-12:50 pm	Zulfiqar Bhutta (Center for Global Child Health, Canada): Complex crises, food insecurity and children globally: challenges and opportunities		
12:50-01:20 pm	Elliot Berry (Hebrew University-Hadassah Medical School, Israel): Plenty, pandemics and poverty: the fight against obesity and food insecurity		
01:20-02:20 pm	LUNCH BREAK		
TOPIC 1A: SCH	OOL FEEDING PROGRAMS IN DIFFERENT COUNTRIES		
Chair: Ulrike Ar	ens-Azevedo (Hamburg University of Applied Sciences, Germany) Room: Audimax		
02:20-02:50 pm	Israel Souza (Federal University of Rio de Janeiro, Brazil): Food insecurity and national school feeding program in Brazil		
02:50-03:20 pm	Alan Jackson (University of Southampton, UK): Widening Access and Ensuring Sustainability		
03:20-03:50 pm	COFFEE BREAK		
03:50-04:20 pm	Craig Gundersen (Baylor University, USA): The Role of school meal programs in alleviating food insecurity in the United States during times of economic upheaval		
04:20-05:10 pm	POSTER SESSION Location: Foyer of the Bio building		
TOPIC 1B: NATI	ONAL SCHOOL MEAL PROGRAMS, POLICY AND LEGAL FRAMEWORK		
	ry (Hebrew University-Hadassah Medical School, Israel) and Aron Troen (The Hebrew y of Jerusalem, Israel)		
05:10-05:40 pm	Stephane Verguet (Harvard T.H. Chan School of Public Health, USA): Economic Value of School feeding programmes		
05:40-06:10 pm	Coudra Nijembazi (Deutsche Welthungerhilfe e.V., Germany/Burundi): The School canteen progress in Burundi: from emergency interventions to development programmes		
06:10-06:25 pm	Catherine Nansubuga (Health Community Development Initiatives, Uganda): Evaluating the learning and health outcomes impacted by school feeding programmes among children and youth in Eastern Uganda		
06:25-06:40 pm	Shivani Gharge (International Institute for Population Sciences, India): The effect of Mid-day Meal Programme on the longitudinal physical growth from childhood to adolescence in India		

## **PARALLEL SESSION** ORGANIZED BY THE DEUTSCHE GESELLSCHAFT FÜR INTERNATIONALE ZUSAMMENARBEIT (GIZ) GMBH:

SCHOOL MEALS AS A LEVER FOR TRANSFORMATION OF AGRICULTURAL AND FOOD SYSTEMS

Chair: Tina Koch (GIZ, Germany)

Room: B2

05:10-06:40 pm PANEL DISCUSSION on how different approaches of school meals' programmes can lever the transformation of agricultural and food systems.

#### Panelists:

- Catherine Mfitilodze (World Food Programme (WFP), Ethiopia)
- Jens Kahle (GIZ, Germany)
- Sowrya Kilaru (Large Scale Food Fortification Initiative, Global Alliance for Improved Nutrition (GAIN), The Netherlands)
- Bella Monse (GIZ, Germany)
- Tatjana Mauthofer (Mainlevel Consulting AG, Germany)

## DAY 2 - TUESDAY, SEPTEMBER 5, 2023 - PROGRAM

JAIZ-I	UESDAY, SEPTEMBER 5,	2023 - PROGRAM
		Venue: University of Hohenheim
08:45-09:00 am	Ulrike Arens-Azevedo (Hamburg University of Applie Introduction to day 2	ed Sciences, Germany):  Room: Audimax
TOPIC 1C: IMPA (PERSPECTIVE:	CT OF SUSTAINABLE AND HEALTH-PROMOTING HEALTH)	DAYCARE AND SCHOOL CATERING
Chair: Jan Franl	(University of Hohenheim, SNFS e.V., Germany)	Room: Audimax
09:00-09:30 am	[Connected via video conference]: Shane Norris (University of Southampton, UK): Nutrition in adolescent growth and development	
09:30-10:00 am	Christel Larsson (University of Gothenburg, Sweden): The potential of a free school meal for everyone	
10:00-10:30 am	Matthew Dearborn (World Food Programme (WFP), Italy): The State of School Feeding world wide	
10:30-11:00 am	COFFEE BREAK	
TOPIC 2: SCHO	OL MEALS AND THE SCHOOL FOOD ENVIRONME	ENTS
Chair: Donatus	Nohr (University of Hohenheim, Germany)	Room: Audimax
11:00-11:30 am	Alphonse Ngicho (Deutsche Welthungerhilfe e.V., Germany/ South Sudan): Contribution to nutrition transformation by schools – A case of South Sudan	
11:30-11:50 am	Aron Troen (The Hebrew University of Jerusalem, Israel): Universal themes and unique challenges over two decades of school nutrition in Israel	
11:50-12:05 pm	Faick Moctar Yanausse Bello (University of Abomey-Calavi, Benin): Towards adequate food environment in Benin Public Primary Schools, the challenge of food supply and hygiene practices. The case of three municipalities	
12:05-12:20 pm	Sakina Isa Nalubega (Health and Care for Future Foundation, Uganda): Examining the contribution of a school feeding programme to improving inclusive, equitable and quality learning environments in the four refugee settlements in Adjumani District	
12:20-01:00 pm	POSTER SESSION	Location: Foyer of the Bio building
01:00-02:00 pm	LUNCH BREAK	

# **PARALLEL SESSION ORGANIZED BY THE SIGHT & LIFE FOUNDATION:**



REALIZING THE POTENTIAL OF THE SCHOOL ENVIRONMENT TO CLOSE THE MICRONUTRIENT GAP AND ADDRESS IRON DEFICIENCY ANEMIA IN ADOLESCENTS IN LOW-AND-MIDDLE-INCOME COUNTRIES

Chair: Jordie Fi	scher (Sight & Life Foundation, Switzerland)	Room: B2
11:00-11:04 am	Jordie Fischer (Sight & Life Foundation, Switzerland): Welcome and speaker introduced in the speaker introduced in the speaker introduced in the speaker in	duction
11:04-11:20 am	Vanessa Garcia Larsen (Johns Hopkins Bloomberg School of Public Health, USA): and NCDs in adolescents – Scientific evidence and opportunities for action	Diet quality
11:20-11:28 am	Kesso Gabrielle van Zutphen-Küffer (Sight & Life Foundation, Switzerland): Knowr looked causes of iron deficiency anemia among adolescents	and over-
11:28-11:44 am	Wilbert Sybesma (Yoba4Life Foundation, Switzerland): School feeding programs we produced probiotic food – The story of Yoba for Life	ith locally
11:44-11:59 am	Lucy Murage (Nutrition International, Kenya):Going beyond school meals – Levera school environment as a holistic platform for adolescent nutrition and health	ging the
11:59-12:16 pm	PANEL DISCUSSION and Q&A	
12:16-12:20 pm	Kesso Gabrielle van Zutphen-Küffer (Sight & Life Foundation, Switzerland): Closing	g remarks

#### DAY 2 – TUESDAY, SEPTEMBER 5, 2023 – PROGRAN

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			Venue: University of Hohenheim	
TOPIC 4: NUTRITION EDUCATION AND RELATED ACTIONS		TOPIC 3: F	FOOD-TO-FOOD FORTIFICATION OF MEALS	
Chair: Ernestine Tecklenburg (German Nutrition Society (DGE e.V.))		Germany)	chanita Kruger (University of Hohenheim, and Jan Frank (University of Hohenheim, , Germany)	
	Room: Audimax	ON O C. V.	Room: B2	
02:00- 02:30 pm	Wafaie Fawzi (Harvard University, USA): Impacts of school feeding on educational and health outcomes of school-aged children in low and middle income coun- tries. Systematic review	02:00- 02:25 pm	Johanita Kruger (University of Hohenheim, Germany): The potential of food-to-food fortification to alleviate micronutrient deficiencies	
02:30- 03:00 pm	Mary Murimi (Texas Tech University, USA): Factors that contribute to effective nutrition education interventions in child- ren: a systematic review	02:25- 03:05 pm	Gyebi Duodu (University of Pretoria, South Africa): Food-to-food fortification and the double burden of malnutrition	
03:00- 03:15 pm 03:15- 03:30 pm	Laila Katrina Harthauser (California State University San Marcos, USA):The Finnish School feeding Phenomen: A Multi-faceted approach to nutrition education  Faick Moctar Yanausse Bello (University of Abomey-Calavi, Benin): Food and nutrition knowledge, attitudes, and behaviours	03:05- 03:30 pm	Fabrice Fabien Dongho Dongmo (University of Duala, Cameroon): Local palm-oil based dishes as a solution to combat Vitamin A deficiency in Cameroon: Standardisation of preparation process and studying of bioavailability of some local dishes	
	among public primary school children in Southern Benin. A case study of urban and peri-urban area			
03:30-04:0	0 pm COFFEE BREAK			



#### DAY 2 - TUESDAY, SEPTEMBER 5, 2023 - PROGRAM

DATZ-I	UESDAT, SEPTEMBER 5, 2023 - PROGRAM
	Venue: University of Hohenheim
TOPIC 5: PUBLI	C FOOD PROCUREMENT AND HOME-GROWN SCHOOL FEEDING
Chair: Mathias N	Mogge (Deutsche Welthungerhilfe e.V., Germany) Room: Audimax
04:00-04:30 pm	Frank Bliss (Bliss Consult, Germany): From the Field: Home grown school feeding. Effects on school attendance, social cohesion and local economy in Ethiopia, Benin and Cambodia
04:30-05:00 pm	Karin Gaesing (Bliss Consult, Germany): Summary of findings from the INEF-BMZ research project regarding HGSF in low and least income countries
05:00-05:15 pm	Nicole Jacquet (Global Child Nutrition Foundation, Italy): School meals programme and farmer engagement. An overview from the 2021 Global Survey of school meal programmes
05:15-05:30 pm	Ana Carolina Ferreira de Siqueira (University of Sao Paulo, Brazil): Mayor's party alignment and school feeding procurement. Evidence from Brazil
05:30-05:45 pm	[Connected via video conference]: Julian Zhuning Xie (Benefits Data Trust, USA): Public Food Procurement for Schools in Urban Kenya. Best practises and implementation insights
05:45-06:00 pm	Nicole Holliday (Ludwig-Maximilians-University (LMU) Munich, Germany): School nutrition standards for improving diets and health – a Cochrane Review Protocol
BEST POSTER	AWARD
Chair: Jan Frank	k (University of Hohenheim, SNFS e.V., Germany) Room: Audimax
06:00-06:15 pm	The Society of Nutrition and Food Science (SNFS e.V.) will award the three best poster presentations with a prize up to 300.00 EUR. We are delighted to announce and inform the three presenters directly during the congress.
06:15-07:00 pm	BREAK (to change the location)
07:00-11:00 pm	COME TOGETHER

(at the Mensa/Canteen of the University of Hohenheim)

# PARALLEL SESSION ORGANIZED BY THE HOHENHEIM RESEARCH CENTER FOR GLOBAL FOOD SECURITY AND ECOSYSTEMS (GFE):



LEAP-AGRI PROJECT EATSANE / "THE HAPPY FAMILY BOARD GAME" - WORKSHOP

Chairs: Irmgard Jordan (Alliance Bioversity International and CIAT, Africa Hub, Kenya),
Lydiah M. Waswa (Egerton University, Kenya) and Thomas Hilger (University of Hohenheim, Germany)

Room: B1

04:00The Education and Training for Sustainable Agriculture and Nutrition in East Africa – EaTSANE
project aims to implement sustainable farming practices and improve diets of households in Kenya and Uganda by diversifying the food system with a participatory action learning approach. Besides various practice notes and scientific publications, the project developed "The Happy Family Board Game". The goal of this board game is to show the interconnectedness of decisions in agriculture, nutrition and value chains in a playful way. The game can be used as an awareness creation, education as well as a M&E tool and is applicable at school, community, institutional and university levels. In this workshop the consumers' perspective is taken, what do they know about agroecological practices and how is it linked to family health. All participants are invited to play "The Happy Family Board Game" which was designed as training and education tool for farming households in Uganda and Kenya.

Please note: Number of participants is limited. Registration is possible at the registration desk on site.

## DAY 3 - WEDNESDAY, SEPTEMBER 6, 2023 - PROGRAM

Venue: University of Hohenheim

08:45-09:00 am Ulrike Arens-Azevedo (Hamburg University of Applied Sciences, Germany): Introduction to day 3

Room: Audimax

# TOPIC 6: THE CONTRIBUTION OF RESEARCH IN SCHOOLS AND ALL-DAY CARE CENTERS AND THE SUSTAINABLE TRANSFORMATION IN NUTRITION

Room: Audimax

09:00-09:30 am Donald A. Bundy (London School of Hygiene & Tropical Medicine, UK): How global research is contributing to the development of the School Meals Coalition

09:30-10:00 am [Connected via video conference]: Liselotte Schäfer-Elinder (Department of Global Public

Health, Sweden): Successful Implementation of Climate-Friendly, nutritious and acceptable school meals in practice: The OPTIMAT intervention study

10:00-10:15 am Nisha Varghese (Indira Ghandi Open University, India): Status of Hidden Hunger Among Children under five and the role of Aganwadi Centers in combating child malnutrition

10:15-10:30 am [Connected via video conference]: Sylvia Obene Marfo (Union for African Population Studies, Ghana): Who feeds school children in Ghana. A political Economy of Ghana School Feeding

Programme

10:30-11:00 am COFFEE BREAK

#### **CONCLUDING EVENTS AND CLOSING**

#### Chair: Regina Birner (University of Hohenheim, Germany)

Room: Audimax

11:00-12:00 pm PANEL DISCUSSION: Future aspects and impacts of nutrition in all day care centers and schools – Challenges and opportunities of national school feeding programs

Panelists:

- · Donald A. Bundy (London School of Hygiene & Tropical Medicine, UK)
- · Ana Carolina Ferreira de Sigueira (University of Sao Paulo, Brazil)
- Shivani Gharge (International Institute for Population Sciences, India)
- · Isaac Nunoo (Tropenbos, Ghana)
- Peter von Philipsborn (Ludwig-Maximilians-University (LMU) Munich, Germany)
- · Hans K. Biesalski (University of Hohenheim, Germany)

#### Including: PLAN FOR ACTION: The Hohenheim Declaration

12:00-12:15 pm Ulrike Arens-Azevedo (Hamburg University of Applied Sciences, Germany), Hans K. Biesalski

(University of Hohenheim, Germany) and Jan Frank (University of Hohenheim, SNFS e.V.

Germany): Closing remarks

12:15 pm TIME TO PICK UP LUNCH BOXES (before leaving the congress)

